



Certificate of Completion

presented to

Francesca Stone

on August 19, 2026 for the completion of

Foundational Training: Yoga Through the Lens of Trauma and Incarceration

Francesca Stone has successfully completed 24 hours of training in the U.S. criminal justice system, the impacts and mechanisms of trauma, how trauma relates to incarceration, and the rationale for body-based mindfulness practices, such as yoga, to address that trauma.

A handwritten signature in black ink that reads "James Fox". The signature is fluid and cursive, with the first letters of the first and last names being capitalized and prominent.

James Fox, M.A., Certified Hatha Yoga Instructor
Founding Director, Prison Yoga Project